Weather, Climate, Pollen, & Health:

Stakeholder Perspectives and Preliminary Results

Fiona Lo, MS; Cecilia Bitz, PhD; Kris Ebi, PhD; George Luber, PhD; Ari Manangan, MA; Shubhayu Saha, PhD; Paul Schramm, MPH; Lew Ziska, PhD; Jeremy Hess, MD, MPH

> HAQAST 2 Seattle, WA 27 February 2017

Overview

- Primer on pollen and health
- Review of project objectives
- Stakeholder priorities
- Preliminary results

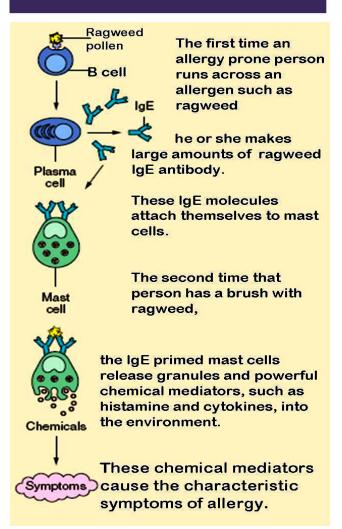


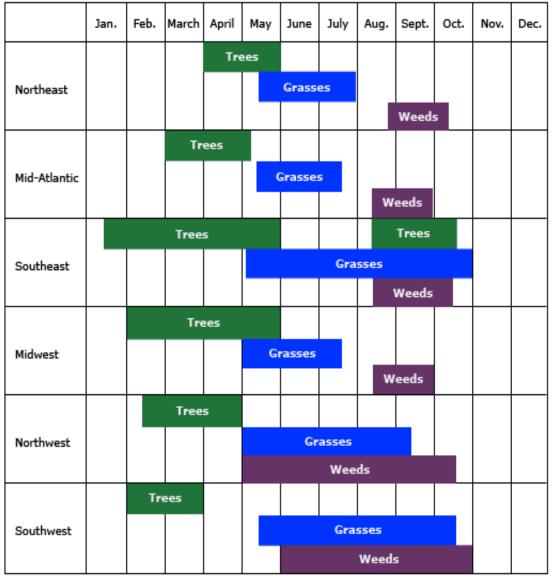
Pollen and Health: General

- Pollen exposure produces allergic disease (rhinitis, sinusitis, asthma, others) in sensitized individuals
- Risk factors include:
 - Family history of atopy
 - Male sex
 - Birth during pollen season
 - Firstborn status
 - Early use of antibiotics
 - Maternal smoking exposure Indoor allergen exposure, e.g. dust mite allergen

- Sensitization age 2; 9% by age 8; 15% by age 12; lifetime incidence 10-30%
- Significant morbidity but low mortality
 - 2.5 % of all clinician visits
 - 2 million lost school days
 - 6 million lost work days
 - 28 million restricted work days per year
- Burden is increasing; allergic rhinitis spending went from \$6.2b in 2000 to \$11.2b in 2005
- Mediated primarily by IgE antibodies

Etiology





Nowak-Wegrzyn A. Clinical manifestations and diagnosis of oral allergy syndrome (pollen-food allergy syndrome). Up To Date, 2017.



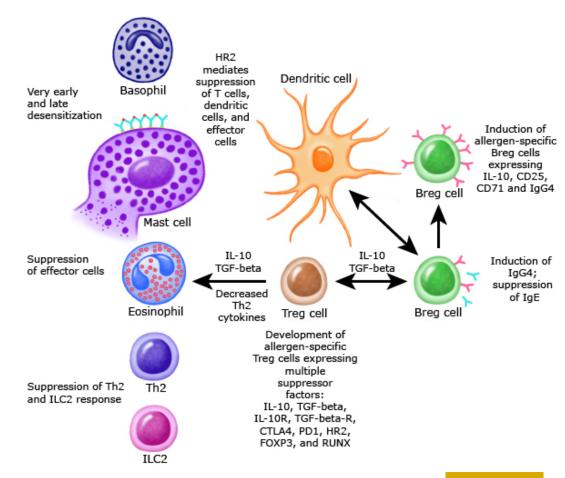
Diagnosis

- Diagnosis primarily by clinical syndrome in association with allergic (e.g. pollen) exposure(s)
- Self-diagnosis (and management) are common
- Formal testing
 - More severe or complicated cases
 - Blood testing for specific IgEs
 - Skin prick testing with allergens
- Wide spectrum of symptoms, variable exposure patterns, variable presentation, all complicate recognition, diagnosis, and management



Therapy

- Prevention difficult
- Acute rhinosinusitis
 - Symptomatic therapy with antihistamines, local and systemic steroids, decongestants, irrigation
- Acute asthma
 - Bronchodilators, systemic steroids, preventive therapy with inhaled steroids
- Complicated disease
 - Escalation of therapy as necessary with systemic steroids, antibiotics, epinephrine injections, ventilatory assistance, hospitalization
- Immune modulation therapy
 - Moderately effective
 - Subcutaneous
 - Sublingual
 - Years of treatment





Stakeholders and Their Needs

Patients

Prevention
Therapy

Exposures
Therapy

Public Health
Projection

Researchers

Prevention
Projection

Researchers

Relationships













Project Goals

- Determine the climate factors that influence the timing and severity of the allergenic pollen season at a national scale
- 2. Identify the weather patterns during the pollen season that are related to high pollen count days
- Determine links between pollen season parameters (e.g. onset, peak, duration) and health outcomes
- Integrate this information to forecast pollen concentrations and health burden under future climate scenarios



PRELIMINARY RESULTS:
 ESTIMATING POLLEN SEASON
 ONSET



1. MODIS Global Land Cover Dynamics (Phenology)

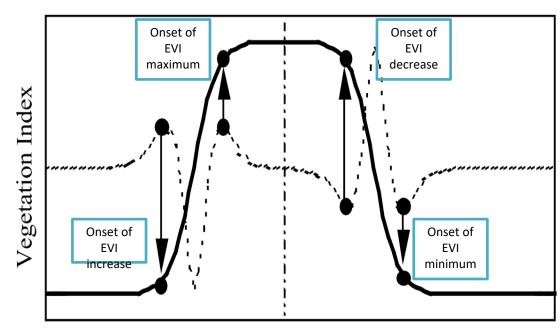
- Identifies timing of key seasonal changes in vegetation (phenophases) using Enhanced Vegetation Index (EVI)
- 2001-2014
- 500m resolution



MODIS Phenology Product

Phenophases based on logistic functions fit to time series of EVI:

- Onset of EVI increase (greenup)
- Onset of EVI maximum (maturity)
- Onset of EVI decrease (senescence)
- Onset of EVI minimum (dormancy)



Day of Year

Zhang et al., 2002



2. NOAA Climate Data Record

- AVHRR daily 0.05°x0.05° grid, 1981-present
- Leaf Area Index (LAI) = one-sided green leaf area per unit ground surface area
- Fraction of Absorbed Photosynthetically Active Radiation (FAPAR) = fraction of the incoming solar radiation in the photosynthetically active radiation spectral region that is absorbed by the plants
- FAPAR is directly related to primary productivity of photosynthesis

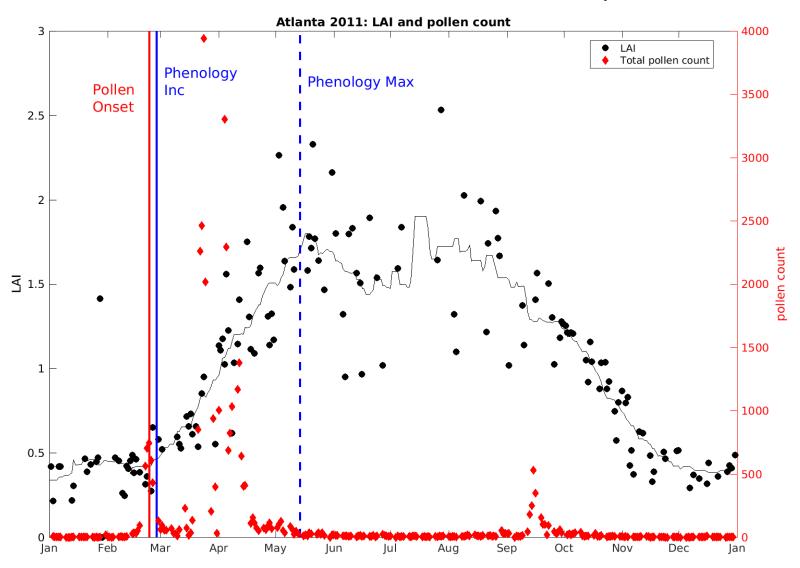


Atlanta Pollen Count Data

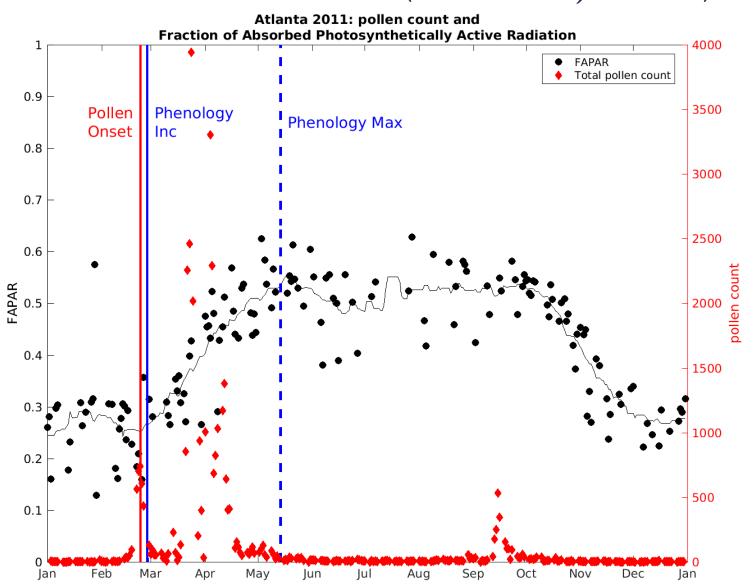
- Data from CDC Climate and Health Program and Atlanta Allergy and Asthma
- Daily counts, 1991-2011



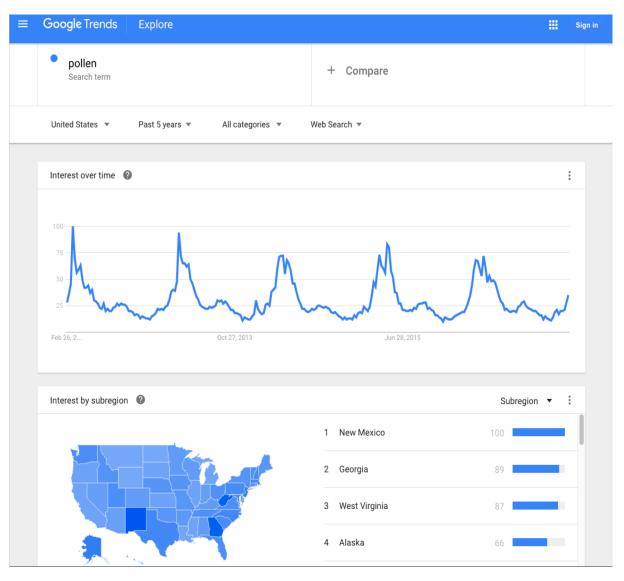
Pollen Season Onset: Phenology, LAI and Pollen Count (Atlanta, 2011)



Pollen Season Onset: Phenology, FAPAR and Pollen Count (Atlanta, 2011)



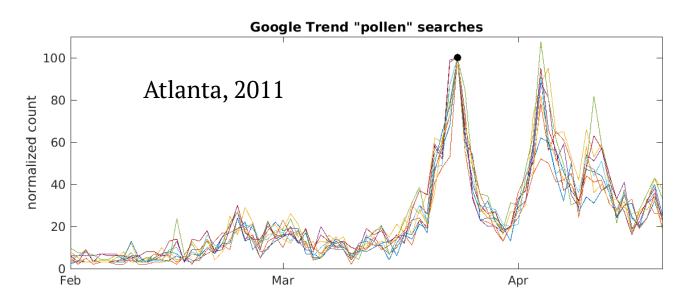
Google Trend Search Data as Proxy for Health Effects



Google Trend Search Data

Limitations of publicly available data:

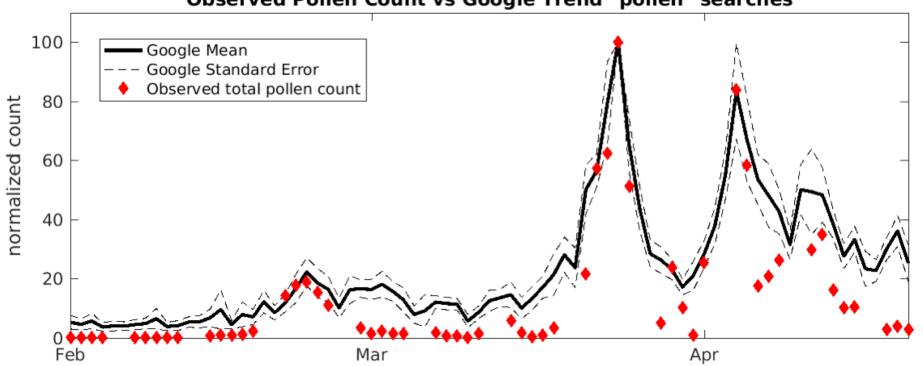
- Normalized over time period
- daily data only available for time periods of 90days or less
- Random subsample of the total data





Atlanta, 2011







Summary

- Onset of pollen season: LAI, FAPAR and MODIS Phenology Product seem to agree with observed pollen count
- Google Trend search queries coincide with observed pollen count data



Questions?

